

Parenting Workshop Series

February 29, 2016.

Dear Parent(s)/Guardian(s):

We are pleased to announce that we will be hosting another parenting workshop series this year. The workshop is entitled "Discipline Is Not a Dirty Word". This experiential workshop is designed to meet the needs of parents with young children, ages 2-12 years. The goal of this program is to provide parents and caregivers of young children with an understanding of age appropriate behavior and realistic expectations regarding young children. Below is a brief description of the program.

Discipline is NOT a Dirty Word—Most parents agree that getting their children to behave is both important AND difficult. This program series will help parents and caregivers learn and practice seven basic principles of positive AND persuasive discipline. You will learn what type of parenting style you have and what works best, why children act the way they do, ways to communicate so kids will listen, ways to set limits and what are appropriate limits and the importance of healthy family relationships. Cornell Cooperative Extension will be presenting this three-week parenting series on Wednesday's beginning on March 30th. The dates are currently set to include March 30th, April 6th and April 13th with a snow date of Thursday, April 14th from 7:00PM to 9:00PM in the Park Avenue Library.

This workshop is limited to 25 families, and Cornell charges a \$40.00 fee per family. This fee includes any materials to be handed out. Families will be registered on a first come, first serve basis as registrations are received. We would like to encourage anyone interested to attend.

Attached, please find a registration form if you would like to attend this program. If you have any questions, please do not hesitate to give one of us a call.

Sincerely,

Jeanette Myrick

Jeanette Myrick
School Counselor
Park Ave.
987-3170 ext. 14645

Grace Geysen

Grace Geysen
School Counselor
Sanfordville
987-3300 ext. 13600